

FEAR

HOPE



ANXIETY

COURAGE

**TOWARD AN UNDERSTANDING OF:
FEAR, ANXIETY, COURAGE AND HOPE...**

AN ENCOURAGING PROGRAM BY SKY SCHULTZ, Ph.D.

“Fear and Courage: we need them both”

We will explore what the world's greatest secular and spiritual teachers have taught about fear, anxiety, courage and hope...fundamental aspects of everyone's lives.

Note: If you are a worrier please come to gain insight and relief.

Sky Schultz, Ph.D. is a clinical psychologist who has worked in prisons, hospitals and private practice. He has been a public speaker and an “entertaining educator” for four decades to thousands of delighted audiences.

Please see his websites:

www.professoroops.com
(for school, library and scout programs)

www.skyschultz.com
(for teen and adult programs)

for more programs and many references.

This can be a free program (for adults and teens) with purchase of a children/family program -- when scheduled for the same day.